

Employment Support From Peer Specialists

Rethink
Mental
Illness.

20 October 2022

About the Team

How we can help you



Peers have lived experience of mental health, and where it is helpful to you, can talk to you about what has helped them.

Through this support, we inspire hope, by sharing how we overcame obstacles to achieve our own career goals.

Peer Specialists work together with Employment Specialists within the Coventry and Warwickshire Employment Service. We help those who have accessed Mental Health Services aged 18yr or over, move into or return to paid employment.

We work within the Individual Placement Service, and with NHS Clinicians, and DWP, to support your journey into employment.

We also support anyone who is in employment who is experiencing a mental issue that could mean their employment is at risk.

We can help you consider and remain hopeful about employment by providing support that responds to your employment needs and aspirations

We team up with you to help

you reach employment goals, involving you in every decision along the way.

We can help you discuss disability with employers.

We can attend benefits appointments alongside you.

We can help you obtain ID to be appointed into a job.

We can help you learn transportation routes to a job.

We accept self-referrals, and referrals from Community Mental Health Teams, GP's, DWP. Call 0121 522 7007 (9am–5pm, Monday–Friday) or email MHESS@rethink.org.