



Join us as a

**Volunteer**

and help change lives.

We are always looking for new volunteers at our Brent Mental Health Service.



## About the role Volunteer

You will support service users to build social & community networks in order to reduce isolation & improve quality of life. We welcome volunteers who have lived experience of mental illness.

If you would like to know more, or join us for our online open day, we would love to hear from you.

Contact details  
Phone: 07775967854  
Email: [brentvolunteering@rethink.org](mailto:brentvolunteering@rethink.org)  
Website: [www.rethink.org/brentmentalhealth](http://www.rethink.org/brentmentalhealth)

[rethink.org](http://rethink.org)

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