

Alternative Support for Inclusion in Wiltshire

Following the February announcement of the **Wiltshire Mental Health Inclusion Service (WMHIS)** closure at the end of June, alternative social inclusion support services may be available. For the full and latest information on the WMHIS closure, visit: www.rethink.org/wiltsmhis

Wiltshire Adult Social Care Advice and Contact Team

Advice and Contact Team serves as the initial point of contact for Wiltshire residents aged 18+ who have an appearance of care and support needs. It also provides advice and support to their carer(s). The service can customise advice and signposting information to address specific needs, aiming to help individuals live as independently as possible. This may include directing to suitable community resources or exploring how Adult Social Care can support and enable you to live the life you choose. Any further assistance is subject to Care Act eligibility.



0300 456 0111



adults.wiltshire.gov.uk



Opening Times: Monday to Thursday 8.30am–5.20pm; Friday 8.30am–4.20pm
At all other times contact the **Emergency Duty Service** (0300 456 0100)

Access Community Mental Health Team

The Access Community Mental Health service in Wiltshire helps people access the right mental health support when they need it. Working alongside clients, the experienced team helps them to:

- Identify their goals and take steps to achieve them
- Access local mental health services and community resources such as wellbeing groups
- Develop coping techniques to boost resilience
- Plan next steps while focusing on building independence and long-term wellbeing

The Access service is available to anyone aged 16+ living in Wiltshire or who is registered with a Wiltshire GP. People can refer themselves or someone else by completing online referral forms using the link below, or by contacting the team by phone or by email.



03002 225745



www.alabare.co.uk/mental-health



accesscommunitymentalhealth@alabare.co.uk

Social Prescribing Link Workers

Social prescribing link workers connect individuals to community-based support for practical, social, and emotional needs. This service is beneficial for those with low-level mental health issues, loneliness, long-term conditions, or complex social needs.

Access these services by contacting your GP practice.

Wiltshire Wellbeing Cafés (formerly Happy Cafés)

Wiltshire Wellbeing Cafés provide a warm welcome for anyone feeling isolated, lonely or anxious about meeting others. While some cafes will continue to operate with volunteers under Rethink Mental illness, others will not. For updates on which cafes will remain open from July onwards, please visit the webpage.



wellbeingcafe@rethink.org



www.rethink.org/wiltshirewellbeingcafes