



Employer Engagement

We work closely with local employers to create job opportunities for people we support before jobs are publicly advertised. We offer employers mental health awareness training and advice and suggestions about how they can support their workforces mental health.

About Live Well Kent and Medway

Live Well Kent and Medway is delivered on behalf of Kent County Council and the NHS by Porchlight and Shaw Trust. This East Kent IPS Employment Service is a Live Well Kent and Medway service provided by Rethink Mental Illness on behalf of Kent County Council and the NHS.

If you have any questions about East Kent IPS Employment Service, or how our service can support you, please get in touch - we'd be delighted to hear from you!



Rethink Mental Illness

East Kent IPS Employment Service (www.rethink.org)



eastkentips@rethink.org

Rethink is part of Live Well Kent & Medway, a network of organisations working together to support people with their mental health and any issues that might be affecting it



Rethink Mental Illness

We are the charity for people severely affected by mental illness, no matter what they're going through.

For further information
on Rethink Mental Illness
Phone 0121 522 7007
Email info@rethink.org

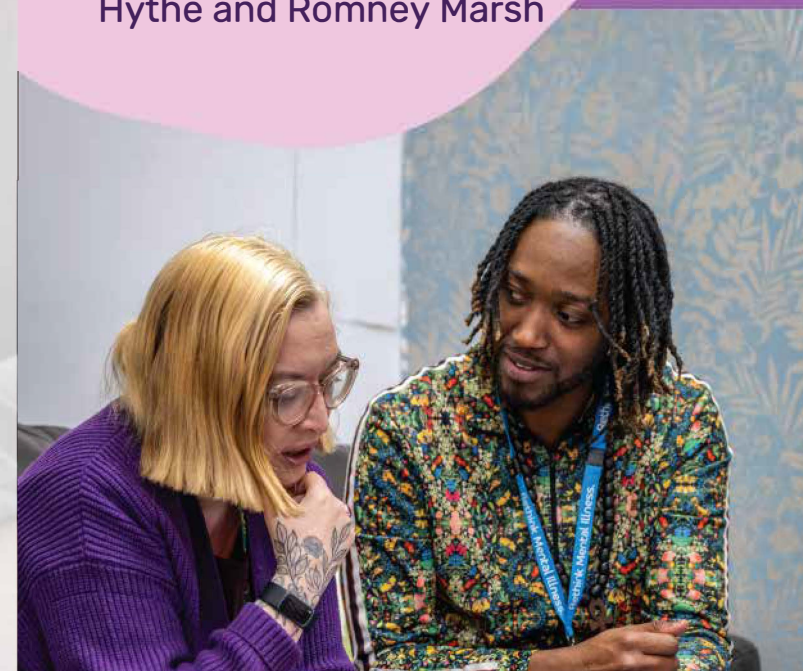
rethink.org

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**Rethink
Mental
Illness**

East Kent IPS Employment Service

For people with mental health
needs in Thanet, Folkestone,
Hythe and Romney Marsh



Live well

Kent and Medway



by

shaw trust Porchlight

What we do

A free employment support service for people with mental health needs who live in the East Kent areas of Thanet, Folkestone, Hythe and Romney Marsh and are looking for paid employment of 4+ hours per week.

What is IPS Employment support?

IPS Employment support helps people with any kind of mental illness to find and sustain paid employment.

Please note we do not provide support to access volunteering or training.

The support is rapid with job searching starting within four weeks, even if a person has been off work for years.

The support is individualised, person-centred, trauma-informed and time unlimited.

How to refer:

We accept referrals from other organisations and self-referrals from people who want to contact us directly. Please email eastkentips@rethink.org

Our service is available Monday to Friday (9.00am to 5.00pm).

1-2-1 Support

The first few sessions will involve us creating a vocational profile with you, looking at employment history, job preferences and strengths and skills. This will lead to a vocational action plan.

Support will then include:

Support to create targeted CV's

Support to complete application forms and cover letters

Support with job searching and registering with jobsites or agencies

Benefit support and better off in work calculations

Interview techniques and mock interview practice

Support to discuss your mental health or gaps in your CV with employers

Support to access permitted work while

Support to apply for Access to Work funding

Support to create a Wellness Recovery Action Plan (WRAP) focussed on the workplace

Support for the transition into the workplace including managing day one and ongoing activities

Support with managing travel and social demands of being in work
In work wellbeing support

Signposting to other organisations to help you in other areas of your life

If you, or someone you know would benefit from our service, please email us at eastkentips@rethink.org - we'd love to hear from you!

