

## A Message of Gratitude and Farewell from the Wiltshire Mental Health Inclusion Service

As we come to the close of our journey, we want to extend our deepest gratitude to every individual who has been part of the Wiltshire Mental Health Inclusion Service. For the past four years under Rethink Mental Illness—and through the dedication of providers before us—we have had the privilege of walking alongside people across Wiltshire, offering connection, compassion, and community to those facing loneliness and isolation due to mental health challenges.

It has been an honour to witness the strength, resilience, and courage of those we've supported. Thank you for trusting us, for sharing your stories, and for allowing us to be part of your journey. We may be closing our doors, but the impact of this service—and the people within it—will never be forgotten.

## Wiltshire Wellbeing Cafés (formerly Happy Cafés)

We are also deeply moved by the compassion and commitment of the volunteers who are stepping forward to continue the legacy of the Wiltshire Wellbeing Cafés. For full details of the café meets that will continue under the name of Wiltshire Wellbeing Cafés please visit the group webpage at:

www.rethink.org/wiltshirewellbeingcafes

## **Mental Health and Wellbeing Support Services**

The above webpage also features the 'Mental Health and Wellbeing Support Service in Wiltshire' booklet, which highlights over 25 charities and organisations across the county. These services offer support in a range of areas including mental health, substance use, abuse, and bereavement. This booklet sits alongside other useful publications – all available for download.

## **Signposting Notice**

For more specific alternatives to social inclusion support please see our previous 'Signposting Notice' which is also available via the café webpage, under **Wiltshire Mental Health Inclusion Service Notices**.

With sincere gratitude, **The Wiltshire Mental Health Inclusion Service Team**Rethink Mental Illness



