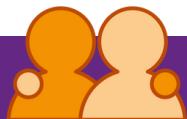




Rethink  
Mental  
Illness

# Group and Activity Listings for...

*Devizes*



## Social and Wellbeing (incl Support Groups)

### Camerados Public Living Room

An opportunity for people to chat together and have a few moments where you forget about everything and have a giggle.

- Cheese Hall, Devizes Town Hall.
- Every Friday from 13:00

<https://camerados.org/public-living-room/>

### Devizes and District Phab

To promote and encourage people with and without physical disabilities to come together on equal terms.

- Nursteed Community Centre, Devizes
- Thursdays, 19:00 – 22:00

<https://www.devizesphab.co.uk/contact-us.html>

### Devizes Film Club

Bringing the best of World Cinema and British Independents to the big screen in Devizes.

At the Wharf Theatre – popular entertainment location offering entertainment for all generations and ages.

<https://www.wharftheatre.co.uk/>

### Wellbeing Café – Devizes

Wellbeing Cafés provide a warm welcome for anyone feeling isolated, lonely or anxious about meeting new people.

- Condado Lounge, 42 Market Place.
- Every Tuesday 14:30 – 16:00

<https://www.rethink.org/wiltshirewellbeingcafes>

### Devizes Probus

A club for retired professional and business persons, its primary aim is fellowship.

- Nursteed Centre.
- First and third Tuesday of each month, 10:30 – 12:00
- E: johngreybeard@btopenworld.com

<http://www.devizesprobus.org.uk/>

### Friendship Café (Home Start)

Mother and Child – for mothers with children under the age of 5. Relax with free tea or coffee and snacks while the kids play for a bit.

- St James Church, Church Walk.
- Fridays (term time), 11:30 – 13:00
- T: 07864 652422 (Contact: Sally)

### Games Afternoon Devizes Library

Enjoy a relaxing few hours playing a board game or two or pop a few pieces in the library jigsaw puzzle.

- Devizes Library, Sheep St, SN10 1DL.
- Tuesdays 14:00 – 16:00
- E: libraryenquiries@wiltshire.gov.uk
- T: 01380 826190

<https://libraries.wiltshire.gov.uk/web/arena#/>

### Lion Club Devizes

Lions are ordinary people who do extraordinary things to help others and support good causes throughout the British Isles and love to help others and make things happen.

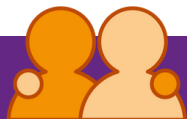
- Nursteed Community Centre.
- 3rd Monday – 19:30
- E: secretary@devizeslions.org.uk
- T: 0345 833 6749

### Wednesday Lunch Club

A church luncheon club for people living alone. Please register interest in advance. Price: £3.50

- Baptist Church, Sheep Street.
- Thursdays 10:00 – 12:15
- E: churchadmin@sheepstreet.org.uk
- T: 01380 727763

<https://www.renewwellbeing.org.uk>



...cont...

### Wiltshire WI

Connecting & Inspiring the Women of Wiltshire.

- WI House, 17 Couch Lane. SN10 1EB
- WI House is usually open Monday to Thursday, 9.00 – 15:00
- E: fedsec@wiltshirewi.org.uk
- T: 01380 739340

### Carers Café - Devizes

Carers Cafes are a great way to connect with other carers to share experiences and receive or offer support.

- The Bear Hotel, 2-3 The Market Place
- First Wednesday of month 10.30 – 12:00
- T: 0800 181 4118

<https://carersupportwiltshire.co.uk/whats-on/>

### U3A

u3a is about learning, socialising and friendship for those who have finished full time work and raising a family.

u3a offer numerous groups and activities across all categories and interests. Contact local branch for more details.

<https://northwiltswilliamsu3a.co.uk/>



## Art and Craft

### Arts Together

Art and social inclusion for older adults.

- Every Tuesday in term time. Sessions last for two and a half hours (11:00 – 13:30)
- T: 01380 590095

[www.artstogether.co.uk/take-part](http://www.artstogether.co.uk/take-part)

### Craft and Chat at Devizes Library

Bring along your knitting, crochet or other craft projects and meet other creative people.

- Devizes Library, Sheep St, SN10 1DL.
- Wednesdays 10:30 – 12:00
- T: 01380 826190
- E: libraryenquiries@wiltshire.gov.uk

### Men's Shed

The Shed offers a safe and social place aimed at benefiting men's and women's good health by providing facilities for practical work. Cost £2.

- The Barn, Needham House.
- Wednesday 10:00 – 12:00
- E: dennisbrickley@btinternet.com
- T: You need to call 07534454078 to get access through the gate

### Devizes Flower Club

We always have a raffle for the flowers arranged by the demonstrator, as well as an opportunity to socialise over tea and coffee.

- Devizes Town Hall
- 3rd Wednesday of every month unless otherwise stated; doors open at 19:00 for 19:30 start.
- E: devizesflowerclubuk@gmail.com
- Facebook Page: @DevizesFlowerClub

### St James Crafts, Activities and Chat

Crafts, activities and a chat. Tea and coffee provided.

- St James Centre, Estcourt Crescent, SN10 5JY
- Every 2nd and 4th Wednesday of the month 11:00 -12:30
- T: 01380 723891
- E: sjc@stjamesdevizes.org



## Physical Activity, Sport and Exercise

### Park Yoga Devizes

Park Yoga is a charity that provides free outdoor yoga sessions around the UK.

- Hillworth Park
- 9.30 – 10.30 (Sessions run throughout the summer)

<https://parkyoga.co/devizes/>

### Wiltshire Boccia Club

The Wiltshire Boccia Club is an exciting opportunity for people with disabilities and their friends/siblings to come along and take part in a Paralympic sport. Suitable for all ages, £2 per person.

- The Guide Hut, Devizes, SN10 3LU
- Alternate Saturdays, 10:00 – 12:00
- E: [sportsdevelopment@wiltshire.gov.uk](mailto:sportsdevelopment@wiltshire.gov.uk)
- T: 07917 262686

### Ramblers Wellbeing Walks

Walks are led by an experienced Ramblers Wellbeing Walks leader along tried-and-tested, easy to reach routes.

Various locations see website for details.

<https://beta.ramblers.org.uk/go-walking/wellbeing-walks>

### Street Tag

Street Tag is a gamified healthy lifestyle app that promotes and enhances community-wide participation in physical activities (walking, cycling and running). <http://www.streettag.co.uk>



## Digital and Online

### Digital Support Appointment - Devizes Library

Sessions designed to help you learn more about using computers, the internet, smartphones, tablets, and other devices.

- Devizes Library, Sheep St, SN10 1DL.
- Mondays 2pm-4pm and Wednesdays 09:30-12:30
- T: 01380 826190
- E: [libraryenquiries@wiltshire.gov.uk](mailto:libraryenquiries@wiltshire.gov.uk)

<https://libraries.wiltshire.gov.uk/web/arena#/>

### Side by Side

Online peer-support community. Safe and supportive space where people can connect with others who understand their experiences with mental health (provided by MIND). <https://sidebyside.mind.org.uk/>

### Togetherall

A digital mental health support service which is available online, 24/7. Monitored to ensure the safety and anonymity of all members. Various resources and guides available. <https://togetherall.com/>

### Shout (Wiltshire)

A Wiltshire specific text support service. Individuals can receive free, confidential support from a trained volunteer via text message. For anyone struggling with mental health. **Text WILTS to 85258**





## Children and Young People (incl Parents)

### Rhyme Time - Devizes Library

Include a mix of songs, rhymes, and movement to help with language and motor skills. Great opportunity for families to meet and enjoy some fun together.

- Devizes Library, 25 Sheep Street. SN10 1DL
- Mondays 10:30 (Toddlers). Mondays 11:30 (Babies). Fridays 11:00 (Babies & Toddlers),
- E: [libraryenquiries@wiltshire.gov.uk](mailto:libraryenquiries@wiltshire.gov.uk)
- T: 01380 826190

### Brick Creator Club - Devizes Library

Free brick creator sessions.

- Devizes Library, 25 Sheep Street. SN10 1DL
- Thursdays, 15:30-18:00 (no need to book for this session); Saturday, 14:00-15:30 for 6 to 12 year olds (spaces are limited - please book)
- E: [libraryenquiries@wiltshire.gov.uk](mailto:libraryenquiries@wiltshire.gov.uk)
- T: 01380 826190



## Health Matters

### Wiltshire Sight - Devizes Resource Centre

A Sight Loss Advisor will provide information, advice, and guidance to help manage the challenges that sight loss can bring. Available by appointment only.

- St Lucy's Sight Centre, Browfort, Bath Road, Devizes, SN10 2ATT
- Wednesdays, 10:00-16:30
- T: 01380 723682

<https://www.sightsupportwest.org.uk/wiltshire/>

### Parkinson's UK - Devizes Café

A support group for people affected by Parkinson's disease and their carers. The group is an informal cafe with coffee and cake. Friends and family are welcome.

- The Wiltshire Museum, 41 Long Street, SN10 1NS.
- Last Friday of the month 11:00-12.30
- T: 0344 225 3694 (Contact: Jane Henderson)
- E: [jhenderson@parkinsons.org.uk](mailto:jhenderson@parkinsons.org.uk)

### Devizes Fibromyalgia and Chronic Pain Group

The group offers support and advice and a friendly face.

- New Society, 31 The Market Place, Devizes, SN10 1JQ
- Third Wednesday of the month 11am-1pm
- E: [natelliott@hotmail.co.uk](mailto:natelliott@hotmail.co.uk)

<https://www.facebook.com/groups/662935477755939/about/>



**Please note** that community and group activities details can change frequently. Always check for latest details via contact or websites for the respective organisations.

This book has been compiled by **Rethink Mental Illness** services within Wiltshire. We have approximately 90 services keeping people living with mental illness safe and well in the community, preventing their needs from escalating, and helping them live independently.

**Find a service in your area on our website.**



This booklet is available to download from:  
**[rethink.org/wiltshirewellbeingcafes](https://rethink.org/wiltshirewellbeingcafes)**

**Rethink  
Mental  
Illness**

We are the charity for people severely affected by mental illness, no matter what they're going through.

For further information on  
Rethink Mental Illness  
Phone **0121 522 7007** or  
email **[info@rethink.org](mailto:info@rethink.org)**

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**[rethink.org](https://rethink.org)**