



**Rethink  
Mental  
Illness**

*Together, we are*

# **Creating communities that** *care*

We provide expert  
information and services,  
and campaign to **improve  
the lives of people living  
with mental illness,  
their families, friends  
and carers.**

Contact us to find  
out more about how  
we can best support you:



**0121 522 7007**



**info@rethink.org**