

WILD WALKS FOR WELLBEING



Dec 2024 – Jan 2025

Date	Walk Route	Meeting location and departure time	Transport
5 th December	Tree Fest @ St. Mary Redcliffe's Church	<p>Meet at Trinity Centre/Gardens between 12.30pm and 12.45pm for a meal in a cafe and then walk to St. Mary Redcliffe's Church together afterwards for the Tree Fest Festival.</p> <p>Wild Walks will have decorated a tree in collaboration with City Striders and Steve will read some poetry. If you want to meet us at the church, we aim to be there about 3.30pm.</p>	None – walk only
12 th December	No walk	<p>Christmas Meal – only for those members already signed up.</p> <p>Meet at Brewer's Fayre between 1 and 1.30pm.</p>	N/A
19 th December	Ashton Court	John Wesley's Rooms/Gardens between 12.30pm and 12.45pm for a 12.45pm departure.	Bus X1 or X4 from the bus station
26 th December	<p>Happy Christmas from Wild Walks for Wellbeing!</p> <p>No walk</p>		

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2nd January	Happy New Year from Wild Walks for Wellbeing! No walk		
9th January	Bristol Museum	Trinity Centre/Gardens between 12.30pm and 12.45pm for a 12.45pm departure	None – walk only
16th January	Walk of 3 parks: Redcatch Park Perrett Park Victoria Park	John Wesley's Rooms/Gardens between 12.30pm and 12.45pm for a 12.45pm departure.	Bus No. 2
23rd January	Hebron Chapel Bedminster	John Wesley's Rooms/Gardens between 12.30pm and 12.45pm for a 12.45pm departure.	None – walk only
30th January	TBC		

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on wildwalksgroup@rethink.org