**Notice of an Extraordinary General Meeting of Rethink Mental Illness**

At their last Board meeting, Trustees proposed that we ceased holding an Annual General Meeting (AGM) due to low attendance and instead focus on delivering national and regional members’ events.

Notice is hereby given that an Extraordinary General Meeting (EGM) of Rethink Mental Illness, company registration number 01227970 and charity registration number 271028 (‘the Charity’) will be held on Thursday, 17 July 2025 at 12:30 via Microsoft Teams.

The primary agenda item for this general meeting is by way of special resolution to remove the requirement to hold an AGM and to adopt the revised Articles of Association.

Further information and the EGM agenda and papers are available on the website at: [www.rethink.org/EGM2025](http://www.rethink.org/EGM2025)

To register to attend the EGM please email [AGM.enquiries@rethink.org](mailto:AGM.enquiries@rethink.org) or contact Paula Holt on 07570 201 828.

If you are unable to join the EGM and wish to submit your vote, you can do this via proxy. Details on how to vote via proxy and a Proxy Form are available via the above link or by contacting Paula Holt.

By order of the Board.

**Amy Yeates**

**Board Secretary**

**June 2025**