

Welcome to your local **Wellbeing Café**

**Rethink  
Mental  
Illness**



*Drop-in and say hello!*

# Marlborough

Wiltshire Wellbeing Cafés provide a warm welcome for anyone feeling isolated, lonely or anxious about meeting others. If you are interested in happiness, wellbeing, sharing information and meeting others then come and join us!



**Every Thursday  
(10:30-12pm)**



**Mustard Seed Coffeshop  
5 Hilliers Yard  
SN8 1BE**



**[rethink.org/wiltshirewellbeingcafes](https://rethink.org/wiltshirewellbeingcafes)**



**[wellbeingcafe@rethink.org](mailto:wellbeingcafe@rethink.org)**

**rethink.org**

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