



# Wiltshire Wellbeing Cafés

*Drop-in and say hello!*

**Rethink Mental Illness volunteers facilitate a number of Wellbeing Cafés throughout Wiltshire.**

Wiltshire Wellbeing Cafés provide a warm welcome for anyone feeling isolated, lonely or anxious about meeting others. If you are interested in happiness, wellbeing, sharing information and meeting others then come and join us!

Any enquiries regards the Wellbeing Cafes, please email:



[wellbeingcafe@rethink.org](mailto:wellbeingcafe@rethink.org)

or visit:



[rethink.org/wiltshirewellbeingcafes](https://rethink.org/wiltshirewellbeingcafes)

## **AMESBURY**

History Centre (Church Street)

**every Tuesday**

1:30 to 3:00pm

## **CHIPPENHAM**

Rivo Lounge (The Bridge)

**every Tuesday**

2:00 to 3:30pm

## **DEVIZES**

Condado Lounge (The Market Place)

**every Tuesday**

2:30 to 4:00pm

## **ROYAL WOOTTON BASSETT**

Dandelion Coffee Shop (49 High St)

**alternate Thursdays**

2:00 to 3:30pm

## **SALISBURY**

Salisbury Playhouse Café (Malthouse Ln)

**every Wednesday**

2:00 to 3:30pm

## **TROWBRIDGE**

Valeroso Lounge (St Stephens Pl)

**every Wednesday**

12:00 to 1:30pm