



**Rethink  
Mental  
Illness**

*Together, we are*  
**Creating  
communities  
that** *care*

We provide expert information and services, and campaign to **improve the lives of people living with mental illness, their families, friends and carers.**

Contact us to find out more about how we can best support you:



**0121 522 7007**



**info@rethink.org**