

The NHS logo, consisting of the letters 'NHS' in white on a blue rectangular background.

Avon and Wiltshire
Mental Health Partnership
NHS Trust

The Rethink Mental Illness logo, which is a blue circle containing the text 'Rethink Mental Illness.' in white.

Mental Health Carers Hub

Do you have a relative, partner or friends with mental health challenges?

Drop in to find information and support for yourself.

Community Hub: **every third Tuesday** from
4 - 5 pm at the **Social Cafe, 130**
Cheltenham Rd, BS6 5RW

21st January 2025 then
18th Feb, 18th Mar

For more information on Community Hub:
0117 903 1803 / bristolcarers@rethink.org
www.rethink.org/bristolcarers

Rethink Mental Illness, a company limited by guarantee. Registered in England Number 1227970.
Registered Charity Number 271028. Registered Office 28 Albert Embankment, London, SE1 7GR.
Authorised and regulated by the Financial Conduct Authority (Firm Registration Number 624502).
© Rethink Mental Illness 2024.