

Bristol
Mental
Health



CARERS

Meet Up



@The Coppice

Every first Wednesday
of the month

10.30-11.30am

Drop in for a drink
and a chat with other
carers

Starting from Wednesday 3rd April

Carers hub

Tuesday 15th October 4pm—6pm

At Social café,

130-132 Cheltenham Rd, Cotham, Bristol BS6 5RW

Hospital Hub: every first Wednesday
from 10.30 - 11.30am at the Coppice,
Callington Rd Hospital
2nd October 2024
6th November
4th December

For more info on the hospital hub contact
the AWP Involvement team on 0117 919
5628 or email
marcella.maloney@nhs.net

Community Hub: every third Tuesday
from 4pm - 5pm at The Social cafe, 130
Cheltenham rd, BS6 5RW
15th October 2024
19th November
17th December

For more info on the community hub
contact Bristol Carers Service on 0117
9031803 or email bristolcarers@rethink.org

www.rethink.org/bristolcarers



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Rethink Mental Illness is the operating name of National
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Fortnightly information and
support for
family & friends



Mental Health Carers Hub

Do you have a relative, partner or
friends with mental health
challenges?

Drop in to find information and
support for yourself.

rethink.org

