



Employer Engagement

We work closely with local employers to create job opportunities for people we support before jobs are publicly advertised. We offer employers mental health awareness training and advice and suggestions about how they can support their workforces mental health.

About Live Well Kent and Medway

Live Well Kent and Medway is delivered on behalf of Kent County Council and the NHS by Porchlight and Shaw Trust. This East Kent IPS Employment Service is a Live Well Kent and Medway service provided by Rethink Mental Illness on behalf of Kent County Council and the NHS.

If you have any questions about East Kent IPS Employment Service, or would like to find out more about our services, please get in touch - we'd be delighted to hear from you!



Rethink Mental Illness
East Kent IPS Employment
Service (www.rethink.org)



07483 332506



eastkentips@rethink.org



Our vision is equality, rights, fair treatment, and the maximum quality of life for all those severely affected by mental illness.

For further information
on Rethink Mental Illness
Phone 0121 522 7007
Email info@rethink.org

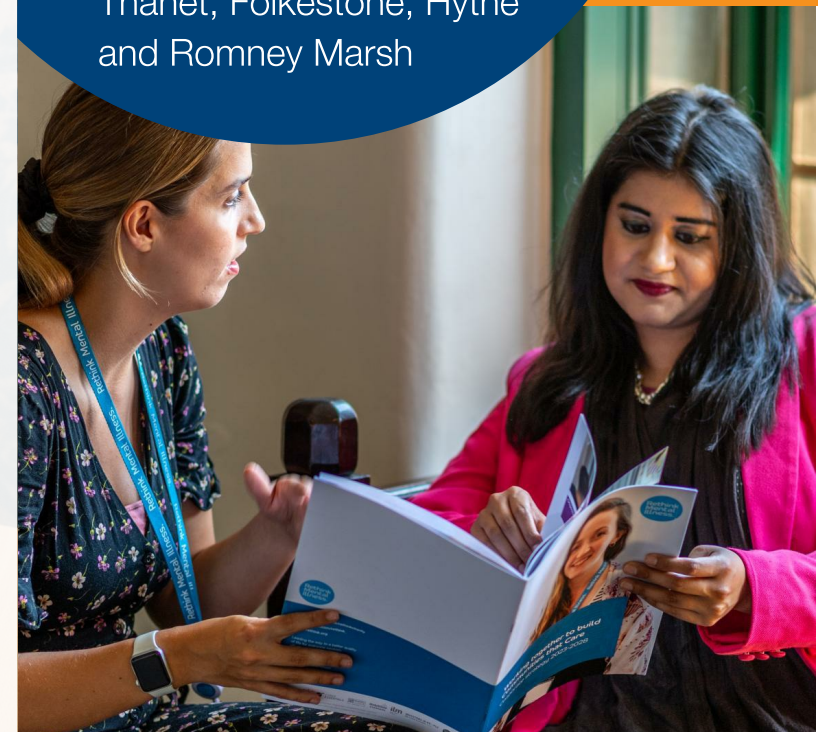
rethink.org

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**Rethink
Mental
Illness.**

East Kent IPS Employment Service

Employment support for people
with mental health needs in
Thanet, Folkestone, Hythe
and Romney Marsh



Live well
Kent and Medway



NHS

On behalf of
shaw trust Porchlight

What we do

A free employment support service for people with mental health needs who live in the East Kent areas of Thanet, Folkestone, Hythe and Romney Marsh.

What is IPS Employment support?

IPS Employment support helps people with any kind of mental illness to find and sustain paid employment. We do not provide support to access volunteering or training.

The support is rapid with job searching starting within four weeks, even if a person has been off work for years.

The support is individualised, person-centred, trauma-informed and time unlimited.

About us

We provide support in person or via telephone, video calls, email and text.

Our service is available Monday to Friday (9.00am to 5.00pm).

We accept referrals from other organisations and we also accept self-referrals from people who want to contact us directly.

1-2-1 Support

The first few sessions will involve us creating a vocational profile with you, looking at employment history, job preferences and strengths and skills. This will lead to a vocational action plan.

Support will then include:

- Support to create targeted CV's
 - Support to complete application forms and cover letters
 - Support with job searching and registering with jobsites or agencies
 - Benefit support and better off in work calculations
 - Interview techniques and mock interview practice
 - Support to discuss your mental health or gaps in your CV with employers
 - Support to access permitted work while retaining benefits
- Support to apply for Access to Work funding
 - Support to create a Wellness Recovery Action Plan (WRAP) focussed on the workplace
 - Support for the transition into the workplace including managing day one and ongoing activities
 - Support with managing travel and social demands of being in work
 - In work wellbeing support
 - Signposting to other organisations to help you in other areas of your life

If you or someone you know is looking for paid employment and would benefit from our employment support service, please give us a call or email using the details overleaf - we'd love to hear from you!

