



Rethink
Mental
Illness.

Programme organisers evaluation journey

A card based narrative game

Developed in partnership with experts by experience in North-West London

Evaluation journey

This evaluation journey uses a deck of cards to mark the ingredients of an evaluation journey. Use the cards to talk about the programme organisers.



Pathways

Deciding a journey based on destination



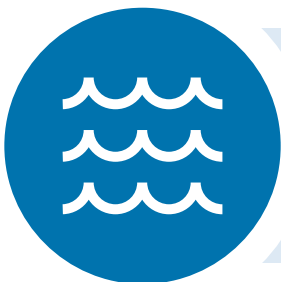
Decisions

Conversation around decision making and choices



The Bridge

What or who may be a bridge that can support you across a challenge?



Water

Overcoming challenges. Discuss unexpected points of your journey when you need to cross a difficulty. How can you overcome these challenges?



Roadblock

Making alternative plans (adaptability). Are there any roadworks/blocks on your journey right now? Is there an alternative route you can explore?



What has been going well?



What challenges have you faced?



How have you engaged with people to overcome challenges?

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What have you learned when overcoming challenges?

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What are the common themes that have emerged from this project?



How has the cost of living crisis impacted this project?

Additional notes

