**North West London Suicide Prevention Programme: Community Grant Form**

Thank you for your interest in the Community Grant facilitated by North West London ICS and Rethink Mental Illness. Please complete the application form below ensuring you have answered each question and provided sufficient detail.

£237,000 is available for the year and is funded by NW London Integrated Care System.

Applications will be accepted throughout the year with a small panel meeting monthly.

Please send completed application forms to: communitygrants@rethink.org

**National context**

The NHS Long Term Plan sets out the expectation to deliver against multi-agency suicide prevention plans, working towards a national 10% reduction in suicides by 2020/21. This includes working closely with mental health providers to ensure plans are in place for a ‘zero suicide’ ambition for mental health inpatients.

In 2019, the suicide rate in England was 10.8 deaths per 100,000 population (5316 deaths). This is consistent with the rate observed in 2018 (10.3 deaths per 100,000) and is the highest rate seen since 2000 (ONS 2021).

A total of 4017 deaths were registered as suicide among men in 2019. This equates to a male suicide rate of 16.7 deaths per 100,000 males, significantly higher than rates seen in other recent years, between 2015 and 2017, and the highest rate observed since 2000 (ONS 2021).

Reducing the prevalence of suicides remains priority for the NHS over the next decade, as per the requirement of the NHS Long Term Plan. As part of this work, NHS England has committed to expand the existing Suicide Prevention Programme to all areas of the country.

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 *Figure 1. Age-standardised suicide rates by sex in England, 1981 – 2019*

London has the lowest rate of male suicide in England (11.8 per 100,000 in 2019), and the second lowest rate of female suicide (4.6 per 100,000), but much work remains.

**Local Context**

NW London has a population of over 2.4 million people across eight London boroughs, making it one of the largest health and care partnerships in the country. It has a diverse local population: people from black and minority ethnic (BAME) groups make up over 50% of the population in some areas, versus 30% in other boroughs. Across nearly all boroughs, approximately 50% of residents were born abroad, with rich representation from Indian and Pakistani communities. Many of the boroughs have a large proportion of young people, compared to the rest of London, and the local areas are densely populated.



*Figure 2. Population overview of ethnic groups in NW London Health and Care Partnership*

During the period 2016-18, the suicide rate for men and women from NW London was lower than the national rate (figure 2). However, the boroughs of Hounslow and Hammersmith & Fulham have suicide rates significantly higher than the average London suicide rate. Over this period, 77% of reported suicides in NW London were men.



*Table 1. Suicide rates in NW London (from Public Health England)*

 **Suicide Rates by Local Authority**



|  |  |  |
| --- | --- | --- |
| *Table 2 PHE Fingertips Data*Local Authority | Deaths in 2018 | Rate per 100,000 people in 2016-2018 |
| LONDON | 661 | 8.1 |
| Hammersmith and Fulham | 20 | 11.7 |
| Kensington and Chelsea | 13 | 9.7 |
| Westminster | 11 | 5.9 |
| Brent | 28 | 7.3 |
| Ealing | 33 | 8.9 |
| Harrow | 11 | 6.4 |
| Hillingdon | 36 | 9.7 |
| Hounslow | 30 | 10.4 |

*Table 3 Suicide rates (from Public Health England)*

## Coronavirus Pandemic

It is too early to understand the extent to which the pandemic, and associated restrictions, have impacted mental health and suicide rates. These consequences may be present long after the peaks of the pandemic. The pandemic has exacerbated factors that are known to be associated with increased risk of mental ill health and suicide, such as isolation, unemployment, and financial hardship.

**Outcomes**

## NHS Outcomes Framework Domains & Indicators

| Domain 1 | Preventing people from dying prematurely | X |
| --- | --- | --- |
| Domain 2 | Enhancing quality of life for people with long-term conditions |  |
| Domain 3 | Helping people to recover from episodes of ill-health or following injury | X |
| Domain 4 | Ensuring people have a positive experience of care | X |
| Domain 5 | Treating and caring for people in safe environment and protecting them from avoidable harm | X |

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## Nationally defined outcomes

No Health without Mental Healthoutcomes for mental health services are:

* More people will have good mental health
* More people with mental health problems will recover
* More people with mental health problems will have good physical health
* More people will have a positive experience of care and support
* Fewer people will suffer from avoidable harm
* Fewer people will experience stigma and discrimination

## Locally defined outcomes

Expected outcomes include:

* Improved coordination and efficiencies of local suicide prevention measures, through the development of a system-wide network;
* Contribute to a reduction in the rate of suicide in NW London, particularly for high-risk demographic groups; and
* Develop sustainable projects/ activities through meaningful co-production.

**Guidance on Suicide Prevention Planning:** [Assets and Planning](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/939479/PHE_LA_Guidance_25_Nov.pdf)

**Ideas to evaluate your project if applying for funding over £2,000**

[Storytelling Toolkit](https://www.keele.ac.uk/media/keeleuniversity/ri/primarycare/PATIENT%20STORY%20TELLING%20TOOLKIT.pdf)

[Digital storytelling toolkit](https://www.bbc.co.uk/wales/audiovideo/sites/yourvideo/pdf/aguidetodigitalstorytelling-bbc.pdf)

[Raising your voice](https://www.nesta.org.uk/report/raising-your-voice-digital-story-telling-to-create-change/)

[Learning from your project](https://www.tnlcommunityfund.org.uk/funding/managing-your-grant/learn-from-your-project)

**About the fund**

We want to fund projects which contribute to lowering suicide rates by:

* Developing and expanding mental health provision through co-production or community engagement
* Addressing suicidal ideation
* Encouraging partnership and collaborative working
* Providing a social response to suicide prevention

NW London Suicide Prevention Programme is connecting the voluntary, community and social enterprise organisations and the health and social care sector whilst using the principles of generous leadership, this programme is based on alliance building and a social response to suicide prevention in NW London. With co-production at its heart, the programme will cover the 8 boroughs of Hillingdon, Harrow, Brent, Westminster, Kensington and Chelsea, Hammersmith and Fulham, Hounslow and Ealing.

Providing a place-based community prevention model with people with lived experience at the centre, this programme aims to:

* Focus on higher-risk groups
* Offer primary care support, with cross-agency working with LA public health teams, VCSE and education partners, and other organisations
* Respond to the impact of the coronavirus pandemic, which has increased demand on services and impacted health inequalities

£237,000 funding available for the year through NW London Integrated Care System. We are asking voluntary and community organisations in N W London to consider new, innovative ways to address risk factors contributing to suicide or self-harm, or those that have arisen as a result of the pandemic. Applications must demonstrate how the project will address these issues. We welcome pan NW London and multi-borough applications as well as neighbourhood-based initiatives.

Innovative project proposals must be aligned to the following criteria:

**Criteria for funding**

Before submitting, please check you meet the criteria below:

* Your project should be primarily NW London-based. The boroughs covered are: Hillingdon, Harrow, Brent, Westminster, Kensington and Chelsea, Hammersmith and Fulham, Hounslow and Ealing.
* If working Pan-London, you need to evidence NW London beneficiaries
* Your project should be aimed at adults over 18
* The Primary bidder must be a voluntary sector organisation (such as charity, CIC, unincorporated group, social enterprise)
* Co-production is central to project design and delivery
* We welcome and actively encourage partnership bids
* Capital & revenue costs can both be covered
* We will only fund costs which are involved in direct delivery of a project or activity
* Funded project must start within 3 months of receiving funding
* Your project should demonstrate how it links with the wider mental health provisions across the area you plan to work in

Local groups/individuals who are not constituted can apply for up to £2,000 but must be able to meet the terms and conditions outlined in appendix 1.

For grants of over £2,000:

* Your project should demonstrate how it supports any of the high-risk groups mentioned below
* Your project should demonstrate how you've gained input from those people who are likely to benefit from your project and how they've helped to shape the activity you are planning
* Your project should explain how people will be referred or signposted towards your project
* We encourage applications from underrepresented groups

Priority will be given for any project working with the following groups of people at risk of death by suicide:

* Middle aged men.
* People experiencing domestic abuse or displaying abusive behaviours.
* People with autism/ADHD and/or a Learning Disability.
* People who self-harm.
* People experiencing housing insecurity/homelessness.
* People in higher risk occupations (e.g. plasterer, arts, sports).
* People at risk of isolation/loneliness (including older people).
* People who misuse alcohol or drugs.
* Young people (aged 18-30)
* People who experience poor mental health and wellbeing and/or mental health conditions
* People who are carers
* Women who are pregnant or have given birth within the last year
* People experiencing job insecurity (including the impact of seasonal work)
* People who identify as LGBTQ+
* People experiencing bereavement (including bereavement by suicide)
* People experiencing debt and financial concerns (including problematic gambling)
* People experiencing digital exclusion due to some services available exclusively online.
* People experiencing food insecurity (including the use of foodbanks).
* Vulnerable Adults in receipt of care from the Local Authority.
* People in contact with the criminal justice system.
* NHS and social care staff.

Application

Organisation Name:

Main contact name

Email\*:

Phone Number:

Organisation venue (or contact address if not based at a venue)

Which local authority area will your project be based in?

|  |  |  |  |
| --- | --- | --- | --- |
|  | Harrow |  | Hillingdon |
|  | Brent |  | Westminster |
|  | Kensington and Chelsea |  | Ealing |
|  | Hammersmith and Fulham |  | Hounslow |
|  | Cross Borough |  | Pan London |

Type of Organisation \*

How much money are you applying for?

Please describe your project (what do you plan to do) ? (500 words max)

How many people do you hope your project will benefit?

How will your project support the group you are working with? (500 words max)

How have people who are likely to benefit from your project helped to shape the activity you are planning? (500 words max)

How will people be referred or signposted towards your project? (300 words max)

What will happen after the funding for your project ends?  (200 words max)

How will you evaluate your project? (300 words max)

Planned start date

Please provide a breakdown of your expected project costs

|  |  |
| --- | --- |
| Equipment/activity/item  | Budgeted Cost |
|  |  |
|  |  |
|  |  |
| Total cost |  |

If successful we want to pay your grant money to you as quickly as possible, please complete your bank details to allow us to do this. If you do not have a bank account in the name of your organisation, or if you are an individual, please leave this blank and we will discuss payment with you if successfully awarded a grant

Name of Bank

Sort code: Account Number:

Name of organisation who holds this account:

**APPENDIX 1**

**TERMS AND CONDITIONS**

**Community Grant Agreement**

**NW London Suicide Prevention Programme**

The information below sets out the agreement of the grant offered to your organisation should your application be successful. If there are any issues with your project, reporting, timescales or finances please get in contact with us. We want to work with you to help find a solution and make sure your project is a success.

**Background to NW London Suicide Prevention Programme:**

Rethink Mental Illness is the lead accountable organisation for the programme and has entered a sub-contract with NW London ICS.

Rethink Mental Illness holds the grant fund on behalf of NW London ICS.

Rethink Mental Illness provides administration of the grants process and is involved in decision making.

**The award is offered subject to the following conditions:**

1. The Grant shall be considered as a restricted fund and the recipient organisation shall keep separate, accurate and up-to-date accounts and records of the receipt and expenditure of the Grant monies received by it.
2. The grant will be used for the exact purpose(s) set out in the application. Should the recipient organisation with to make any alterations or amendments to the agreed budget they will seek permission from Rethink Mental Illness, prior to any expenditure being incurred
3. Any required changes to the project should be sent to communitygrants@rethink.org who contact the recipient organisation to discuss these further.
4. If the recipient organisation does not spend the entire grant they must not use the funds for another part of their work. Rethink Mental Illness may request the return of any unspent funds.
5. Rethink Mental Illness may request to visit the project to see how the grant is being spent. The recipient organisation will accommodate such requests provided notice is given.
6. The recipient organisation must comply with all relevant legislation (including following UK government covid19 guidelines) that affects the way in which the project is carried out.
7. The recipient organisation agrees to complete and submit all required monitoring and evaluation at the end of the project (or agreed intervals) by the requested deadline.
8. Rethink Mental Illness may hold back a grant or ask for repayment in whole or part if the organisation fails to keep to this agreement or if the organisation ceases trading.
9. If there are any disputes, we will attempt to resolve them quickly and simply. In the event of any further dispute resolution being required, the dispute will be escalated to the NW London ICS Governance Group.

By submitting your application form you confirm that, should you be successfully awarded a grant, you are agreeing to the above terms and conditions

Signed by:

Name:

Date:

On behalf of (insert name of organisation)

Signed by:

Name:

Date:

On behalf of Rethink Mental Illness