



Employer Engagement

We work closely with local employers to create job opportunities for people we support before jobs are publicly advertised. We offer employers mental health awareness training and advice and suggestions about how they can support their workforces mental health.

About LWKM

Live Well Kent and Medway and is delivered on behalf of Kent County Council and the NHS by Porchlight and Shaw Trust. This East Kent IPS Employment Service is a Live Well Kent and Medway service provided by Rethink Mental Illness on behalf of Kent County Council and the NHS.

If you have any questions about East Kent IPS Employment Service, or would like to find out more about the service, please get in touch - we'd be delighted to hear from you!



Website

www.rethink.org/eastkentips



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Our vision is equality, rights, fair treatment, and the maximum quality of life for all those severely affected by mental illness.

For further information
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**Rethink
Mental
Illness.**

East Kent IPS Employment

Employment support for people aged 16+ with mental health needs in Thanet, Folkestone, Hythe and Romney Marsh.



live well
Kent and Medway

What we do

A free employment support service for people aged 16+ who have any kind of mental health issue (diagnosed or undiagnosed) who live in the East Kent areas of Thanet, Folkestone, Hythe and Romney Marsh.

What is IPS Employment support?

IPS Employment support helps people with any kind of mental illness to find and sustain paid employment. We do not provide support for accessing volunteering.

The support is rapid with job search starting within four weeks, even if a person has been off work for years.

The support is individualised, person-centered, trauma-informed and time unlimited.

About us

We provide support in person or via whatsapp, email, text, phone and video calls.

We can provide support in the evenings or weekends if needed, for example to fit in around work commitments.

We accept referrals from other organisations and we also accept self referrals from people who want to contact us direct.

We provide weekly Job Clubs co-facilitated by staff and Peer Volunteers. These groups are safe spaces for support with barriers and triggers in the workplace and self management tools and peer support.

1-2-1 Support

The first few sessions will involve us creating a Vocational Profile with you looking at employment history, job preferences and strengths and skills. This will lead to a Vocational Action Plan.

Support will then include

- Benefits support and better off in work calculations
- Support to create targeted CV's
- Support to complete application forms and cover letters
- Support with job searching and registering with jobsites or agencies
- Interview techniques and mock interview practice
- Support to discuss your mental health / gaps in CV with employers
- Support to access permitted work while retaining benefits

- Support to apply for Access to Work funding
- Support to create a Wellness Recovery Action Plan (WRAP) focussed on the workplace
- Support for the transition into the workplace including managing day one and ongoing anxieties
- Support with managing travel and social demands of being in work
- In work wellbeing support with six monthly reviews
- Signposting to other organisations to help you with other areas of your life

