## WILD WALKS FOR WELLBEING



## February 2023 - March 2023

Date	Walk Route	Meet/Departure Time	Transport
2 <sup>nd</sup> Feb	Temple Church	Trinity Gardens Meet at 12:30 for 12:45 departure	None
9 <sup>th</sup> Feb	Clifton and Hotwells	Wesley Chapel Meet at 12:30 for 12:45 departure	£6 Bus Service No.8
16 <sup>th</sup> Feb	Dundridge Park and Hanham	Trinity Gardens Meet 12:30 for 12:45 departure Led by Andrew	Walk then bus back. £6 Bus Service No. 44/45
23 <sup>rd</sup> Feb	Victory Park, Brislington	Wesley Chapel Meet at 12:30 for 12:45 departure	£6 Bus Service No. 1
2 <sup>nd</sup> March	Taster Walk eg Victoria Park	Trinity Gardens Meet at 12:30 for 12:45 departure	None
9 <sup>th</sup> March	Bradford on Avon	Bristol temple Meads Train Station Time: TBA	Train ticket - paid
16 <sup>th</sup> March	Manor Woods	Wesley Chapel Meet at 12:30 for 12:45 departure	£6 Bus Service No. 76
23 <sup>rd</sup> March	Pill (Penny Brohn)	Wesley Chapel Meet at 12:30 for 12:45 departure	£6 Bus Service No. 8
30 <sup>th</sup> March	Purdown	Trinity Gardens Meet at 12:30 for 12:45 departure	None (Walking from the Trinity Centre)

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on <u>wildwalksgroup@rethink.org</u>