WILD WALKS FOR WELLBEING



December 2022 - January 2023

Date	Walk Route	Meet/Departure Time	Transport
1 st December 2022	Treefest St. Mary Redcliffe Church Bristol	Meet at Trinity Gardens Time: 12pm for 12:15pm departure.	None (Walking from the Trinity Centre)
8 th December 2022	Bath Christmas Market Bath	Meet at Bristol Temple Meads Time: T.B.C.	* Train ticket provided (Subject to change)
15 th December 2022	Christmas Meal Brewers Fayre, Bristol BS1 2PY	Run by Father Christmas & Elves Meet at Brewers Fayre From 2pm – 2:15pm.	N/A
22 nd December 2022	No Walk	Happy Christmas to all walk group members.	N/A
29 th December 2022	No Walk	Happy New Year to all walk group members.	N/A
5 th January 2023	Bristol Museum	Meet at Wesley New Rooms Time: 12:30pm for 12:45pm departure.	None (Walking from Wesley New Rooms)
12 th January 2023	Page Park Staple Hill	Meet at Wesley New Rooms Time: 12:15pm for 12:30pm departure.	£6 Day Rider (Refunded) Bus Service No. 49
19 th January 2023	Taster Walk Bristol Cathedral	Meet at Trinity Gardens Time: 12:30pm for 12:45pm departure.	None (Walking from the Trinity Centre)
26 th January 2023	St. Werburghs City Farm Bristol	Meet at Trinity Gardens Time: 12:30pm for 12:45pm departure.	None (Walking from the Trinity Centre)

*Subject to change

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on <u>wildwalksgroup@rethink.org</u>