

**Wiltshire Mental Health  
Inclusion Service**  
Supporting better  
mental health and  
wellbeing

**Rethink  
Mental  
Illness.**



# Community Mental Health Hubs

The Wiltshire Mental Health Inclusion Service offer a free drop-in hub for anyone needing support with their mental health and wellbeing. A chance to meet with one of our Inclusion Coaches and discuss what opportunities are available to you to help your wellbeing and find community support.

## **Where & When:**

### **Chippenham:**

Community Hub, SN15 3WL

Last Thursday of each month, 1-4pm

### **Devizes:**

St James Centre, SN10 1LR

3<sup>rd</sup> Wednesday of each month, 1-4pm

### **Salisbury:**

Arts Centre, SP1 3UT

1<sup>st</sup> Tuesday of each month, 10am-1230pm

### **Trowbridge:**

Town Hall, BA14 8EQ

2<sup>nd</sup> Tuesday of each month, 1-4pm

For further information please contact the service via:  
Email: [WiltsMHIS@rethink.org](mailto:WiltsMHIS@rethink.org) or Telephone: 07467 764171

Find us on Facebook (@WiltshireMHIS) and Instagram (@wiltshire\_mhis)

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