

We'd like to hear from you.



You might have already seen our recent awareness raising campaign, launched for our 50th anniversary. Originally founded as the National Schizophrenia Fellowship, on 25 July 2022, Rethink Mental Illness will be 50 years old. As well as celebrating what we have achieved, we'd also like to focus on what still needs to change for people severely affected by mental illness.

Share your story for our wall of stories

For our 50th anniversary, we're creating digital and physical walls of stories which will display quotes from people about their own experience of mental illness. We'd also like to include people's experience or thoughts of Rethink Mental Illness and the important work that we do. We would love to hear from you for this.

To be included on our wall of stories, all you need to do is complete the form overleaf and return this postcard. This is something you can choose to do anonymously.

My story

Name*

Town/City*

In the box on the left please tell us how you or someone you know has been affected by mental illness and/or; Please tell us about your experience of Rethink Mental Illness

Name

Town
/City

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Please tick this box to indicate that you are happy for your submission to be included on our wall of stories

Please provide your email address so we can contact you if we'd like to share your story in other ways

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Please tick this box to indicate that you are happy for your submission to be included on our wall of stories but wish to remain anonymous.