

Gloucestershire Support After Suicide Service (GSASS)

Support for people in Gloucestershire aged 18+ who are bereaved by suicide.

We provide:

- 1:1 person centred emotional and practical support
- Face to face and virtual bereavement support groups
- Online bereavement peer support platform and forums
- Signposting and referral to other services and provision of information about bereavement by suicide

To find out more about the service, or to make a referral for yourself or someone else - please contact us at:

- ${\ensuremath{ullet}}$ glossupportaftersuicide@rethink.org
- **%** 07483 375516
- @ www.rethink.org/glossupportaftersuicide

