

WILD WALKS FOR WELLBEING



April 2024 – May 2024

Date	Walk Route	Meet/Departure Time NB: please note these vary	Transport
4 th April	Royal Fort Gardens Taster Walk	Trinty Centre/Gardens at 12.45 pm for 1 pm departure	Walk only
11 th April	Frome (NB – due to train strikes could change at short notice)	Temple Meads Station (Time to be confirmed)	Train
18 th April	Anniversary Walk	John Wesley's New Room/Gardens 12.45 pm for 1 pm departure	Walk only
25 th April	Gloucester (NB – due to train strikes could change at short notice)	Temple Meads Station (Time to be confirmed)	Train
2 nd May	Purdown	John Wesley's New Room/Gardens 12.45pm for 1pm departure	Bus No. 24
9 th May	Newport (NB – due to train strikes could change at short notice)	Temple Meads Station (Time to be confirmed)	Train
16 th May	Harbourside Taster Walk	Trinty Centre/Gardens at 12.30 pm for 12.45 pm departure	Walk and boat trip
23 rd May	Stroud Railway Station (NB – due to train strikes could change at short notice)	Temple Meads Station (Time to be confirmed)	Train
30 th May	Portishead Centre	John Wesley's New Room/Gardens 12:30 pm for 12.45 pm departure	Bus No. X3

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on wildwalksgroup@rethink.org