**London Carers**

**Tower Hamlets Mental Health Carers Support Service**

**Carer referral form**

We hope we can help, but first we need a bit of information:

# Private and Confidential

|  |  |  |
| --- | --- | --- |
| **DETAILS** | **CARER** | **CARED FOR PERSON** |
| Name: |  |  |
| Address: |  |  |
| Postcode: |  |  |
| Contact telephone number: |  |  |
| E-mail address: |  |  |
| Date of Birth: |  |  |
| Ethnicity: |  |  |
| First language spoken: |  |  |
| Gender: |  |  |
| Relationship to cared for: |  |  |
| Consent for referral obtained? | Yes No |  |
| Nature of mental health issue: |  |   |
| Carers assessment completed: | Yes No |   |
| Identified support needs of carer: |  |
| Any risks or safeguarding issues we should be aware of: |  |
| Are there children in the household? Include name(s) and surname(s) |  |

|  |
| --- |
| **PERSON REFERRING CARER** |
| Name |  |
| Position/Organisation |  |
| Contact telephone number |  |
| E-mail address: |  |

Signature of person making referral\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of referral \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for filling this form, please see below for more information on Rethink Mental Illness.

Please return this form to:

Rethink Tower Hamlets Carers Support Service, 1st Floor, Albert Jacob House, 62 Roman Road, London, E2 0PG

Tel: 0208 981 2645 towerhamletscarers@rethink.org

* Do you know someone that would benefit from one of our 250 services across the country? We help people live independently, make the most of their lives, make their voice heard, cope in a crisis without hospital and inform carers of their rights. Call us to find out about services in your area call 0300 5000 927.
* Do you know someone that would benefit from one of our 150 support groups across the country? We help people affected by mental illness to share experiences and find understanding to find out about groups in your area call 0300 5000 927.
* Do you know someone with mental illness who needs expert advice, for example on benefits? They can call our Rethink Information and Advice Service today 0300 5000 927.
* Do you know someone who might benefit from being a member of our organisation? Together our voice is so much louder and we can make a huge difference to the lives of thousands of people affected by mental illness. Anyone can join us, from people affected by mental illness, to carers, to mental health professionals. Join us today [www.rethink.org/join](http://www.rethink.org/join)
* We can provide you with information and resources about mental illness. Go to our website [www.rethink.org/information](http://www.rethink.org/information)
* We can connect people affected by mental illness to others with similar experiences through our online community [www.RethinkTalk](http://www.RethinkTalk)
* We can train teachers, the police, and everyone who needs to understand mental illness better.
* We can give new perspectives on mental illness through our research and improve the evidence base.