Thanet Way

Rethink Mental Illness is the leading national mental health membership charity organisation and works to help everyone affected by mental illness to recover a better quality of life.

Rethink Mental Illness provides hope and empowerment through effective services and support to all those who need us, and we campaign for change through greater awareness and understanding.

Thanet Way is a recovery-based service which aims to promote social inclusion through employment opportunities. We believe that a rewarding work-life balance can be a significant factor in improving wellbeing and aiding recovery. We are proud to be delivering our contract working in partnership with Porchlight under the Live Well Project www.porchlight.org.uk/live-well-kent



Supporting people to gain and sustain Employment—Thanet Way Employment Service Provides:

- Assistance with creating targeted CV's
- Help with completing application forms and cover letters
- Getting up-to-date with job searching, including setting up email addresses and registering with jobsites
- Brokering and seeking job vacancies
- Signposting to training opportunities, including English, Maths and IT skills
- Signposting for advice and support with in-work benefits and volunteering
- Support and advice for you and your employer once in work
- Access to supported employment while retaining disability related benefits

Our service is tailored to your identified goals and expectations. We measure your progress on the route to recovery, and explore pathways to your employment needs and aspirations, supporting and empowering you to achieve them. We work to the principles of Individual Placement Support.



let's end mental health discrimination

How can we help you?

If you are currently seeking Paid Employment, experiencing mental health difficulties, live in Thanet and are over 18, you may be eligible for our free service. Please call or email us (details overleaf) to refer to the service or discuss how we can support you in further detail.

If you are eligible, you will be invited for an informal chat with an employment specialist to discuss your present situation and what your needs are. We will then explore the various options to help you achieve your goals during regular one-toone meetings and action plans.

Meetings last for up to 1 hour, and we can work with you for up to 18 months. Joining our programme is voluntary and you can leave at any point. Your entitlement to benefits will not be affected by your attendance to our service.

All information exchanged is treated in confidence in accordance with the Data Protection Act and GDPR Guidelines.





Contact Thanet Way Employment Service

Central email: **thanetway@rethink.org** *please use this for general enquires and external referrals*

Community outreach direct contacts:

WILLIAM HEBDITCH (Thanet) M: 07483 332505 E: william.hebditch@rethink.org

DARRAN SMITH (Margate & surrounding areas) M: 07483 332506 E: darran.smith@rethink.org

LEE CASE (Ramsgate & surrounding areas) M: 07483 333167 E: lee.case@rethink.org

"Targeted, caring, supporting, reflective, non-judgemental - it's all true of Thanet Way. They helped me to feel I'm worth something and maybe still a value to my community. My adviser helped me focus on my interview confidence, which I took to my interview and got the job! Good to have them in your corner"

About Rethink Mental Illness

Rethink Mental Illness is a charity that believes a better life is possible for millions of people affected by mental illness. For 40 years we have brought people together to support each other. We run services and support groups that change people's lives and challenge attitudes about mental illness.

We directly support almost 60,000 people every year across England to get through crises, to live independently and to realise they are not alone. We give information and advice to 500,000 more and we change policy and attitudes for millions.

Confidentiality

We believe in respecting and maintaining confidentiality. We will not share personal information unless we have your permission, or we have a duty of care

Leading the way to a better quality of life for everyone affected by severe mental illness

For further information on Rethink Mental Illness Phone 0121 522 7007 or Email: info@rethink.org

facebook.com/rethinkcharity
twitter.com/rethink



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