

Fylde Family Support Meeting



Fylde Family Support Group

Providing support to those coping with mental illness and campaigning to improve local services.

Meeting March 10th 2020

Hello All,

A reminder for our monthly meeting this Tuesday 10/3/2020.....@ Blackpool Empowerment Building. 333 Bispham Road FY2 0HH 7-9pm

Come along and join us for a cuppa and a chat Have your voice heard.....

Learn about the focus groups/campaigns Fylde Family Support are involved in, and share your thoughts/ideas to improve local Mental Health Services.

Last month we welcomed Lorraine Khalaf (Interim Manager Fylde Coast Planned Care pathways) And Yvette Griffin (Service Manager of The Harbour Hospital)

Both Lorraine and Yvette showed an interest in working with the group & individuals to promote new ideas, and a shared approach to develop new pathways of working within Community Mental Health Services.

It was also positive to learn of the co-productive approach between Horizons, Inspire and The Harbour in order to support individuals with Mental Health and Addiction challenges, this is an area we will be following, as Fylde Family Support have continuously raised the issue of addiction challenges faced by individuals within the Harbour Hospital.

Two of our members already have an informal meeting arranged with Yvette Griffin, and we look forward to the outcome of the meeting. What can be learnt and What can we share ?

Light Lounge (Crisis Cafe) @ Whitegate Drive Independent Living Centre

There still has been some obstacles to be overcome, but hopefully the proposed date for the official launch of the Light Lounge will be the week beginning 20th April. All information will be shared with the group nearer the time. The Light Lounge will be available to all those seeking help, at a time of Mental Health Crisis, within Blackpool & Fylde Coast, as an alternative (where possible) to A&E Hospital Services.

Blackpool Fylde & Wyre CCG Co-Production Sub Group

We have been contacted by Blackpool & Fylde CCG Sub Group.

They would like to gather some recent (last 12 months) anonymous stories, around “unmet needs” within primary and community mental health services. and most importantly, what we think would help improve primary and community services within the Fylde Coast.

Organisations willing to help will receive an email with a guide for people, with an explanation of what the stories will be used for, consent forms, a template to capture the story and how to receive feedback (CCG Website)

The CCG are not expecting organisations to gather large number of stories, they would rather have quality “ lived experience “ accounts of individuals “ bounced back and forward “ between services, so these accounts can be shared with the senior decision makers and used to inform commissioning decisions. If you have a story to share, please contact the group, let your voice be heard.

Rethink Group Development North West

The Rethink Campaign Team are launching a new campaign/petition on welfare. They are looking for people who have had direct experience of people close to taking their own life or feeling suicidal as a direct result of DWP Policy. If you know of anyone who has had a deeply distressful experience with DWP Policies please contact the group and your details will be passed to the Campaign & Policy Team to liaise directly.

Rethink/Fylde FamilySupport Social Groups

Vinyl Community Group

Meets 1st and 3rd Monday of the month at Leyton Community House
7-9pm 5 Grenfell Ave FY3 7BS

Relax, Chill, Chat and Share Records From the Past and Present

Rethink Fylde Family Support Dog Walking Group.

Every wednesday morning 10.00-11.30am

Meets Outside Stanley Park Visitor Centre....

Come along and join the group for a stroll around Stanley Park, and afterwards share a cuppa and a chat in the visitor centre.

No dog ?? Come along anyway, enjoy the walk, enjoy the chat, make new friends !!!!!

And the next time you are in Mereside Tesco , look out for Fylde Family Support Dog Walking Group in Tesco's Bag of Help Scheme.

The money raised from the sale of a reusable bag for life is used to fund local projects/groups. Each time a customer shops they will be offered a blue token at the checkout and be able to vote for their choice of project/group within the community. Collect your blue token and please support Rethink Fylde Family Support Dog Walking Group.

We look forward to seeing you all on Tuesday. If you cannot make the meeting but would still like to contribute with ideas and have your voice heard, or alternatively require any further information on any of the topics covered, please email at fyldefamilysupportgroup@rethink.org

Best Wishes

Fylde Family Support Group

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