

Derbyshire Borderline Personality Disorder Support Group

Group Values and Behaviours

- We are all here because of similar personal circumstances including those who have given their own time to make this group happen
- We welcome and support members
- We maintain a non-judgemental environment where members are open minded and encouraging
- We recognise that every member is important who will be listened to with respect no matter what gender, sexuality, age, race, religion or disability
- We try to make sure everyone is able to have their say
- We don't pressurise anyone to speak or join in activities
- We always respect confidentiality - what we say stays in the room and is not shared outside with anyone unless someone may be at risk from themselves or others
- We recognise that members personal information is confidential – it's up to members what information they share about themselves
- We share information and don't give advice recognising that we are all different, and that each member is responsible for their own decisions
- We may not agree all the time but we do respect that we all have our own opinions
- We expect members to be civil at all times and refrain from using inappropriate language and behaviour.

Anyone who disregards Group values and behaviours or may be a harm to themselves or others will be asked to leave the meeting or activity they are engaged in.

Thank you in advance for upholding the Group's value and behaviours