

Rethink
Mental
Illness.

Tupton

Friendship & Support

Peer Group

For more information: friendshipgroup@rethink.org or 07395 779571 or just come along!



Feeling alone?

Join us!

A relaxed and therapeutic environment for individuals, carers, siblings – anyone affected by mental illness.

We meet at Tupton Village Hall, Green Lane, Tupton, S42 6XW, every Monday at 2.30pm

No referral is necessary - just come along!

Our friendly group members offer mutual support to each other in an inclusive and non-judgemental atmosphere. Our meetings are informal, with members able to stay as long or little as they wish.

rethink.org

