

#### Contact us

If you have any questions about our Floating Support Service, or would like to find out more about when we can offer a service, please get in touch – we'd be delighted to hear from you!

The Bridge Christchurch Avenue Harrow HA3 5BD

Q 020 8427 8528



Leading the way to a better quality of life for everyone severely affected by mental illness.

For further information on Rethink Mental Illness Phone 0121 522 7007 Email info@rethink.org

/rethinkcharity



rethink.org

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### Floating Support Service

Support for housing, wellbeing and accessing local activities and services.





## We can offer support in the following areas:

- Maintaining a home;
- Budgeting and claiming benefits;
- Attending meetings:
- Form filling and writing letters;
- Developing independent living skills;
- Improving wellbeing;
- Accessing services

We are a dedicated team here to support and empower you through your recovery journey.

# What we do

#### Housing support

We offer support for housing to enable clients to maintain their home, access services and where appropriate access alternative accommodation. We can also liaise with landlords and the local authority.

"Thanks to the support I've received in moving, I have settled down and I am able to now manage. I can access local shopping and interact socially."

#### Claiming benefits

We offer support to identify appropriate benefits and other financial help. We also help with budgeting, some form filling and accessing appropriate advice agencies.

"Thank you for your support, I was struggling, not knowing who to speak to and speaking to different people with no outcome."

#### Improving wellbeing

We offer support to improve social and emotional wellbeing by helping client engage in local community activities and learning independent life skills.

"I moved to a care home following financial abuse and with floating support's help I was able to get this addressed and move back into my home."

#### Accessing services and activities

We offer support to help access and engage with local services and activities, attend meetings and access opportunities for appropriate opportunities for work, volunteering, study and leisure.

"I missed appointments and could not speak up on the phone. With support, my appointment was rebooked and I was accompanied. When I could not explain myself, you explained for me. When you are with me I feel less anxious."

If you, or someone you know would benefit from our service, please email us and ask about our referral criteria.