



Pringle and Janey awards

nomination guidelines 2019

Rethink
Mental
Illness.

The Pringle and Janey awards recognise people and groups who have made a real difference to people severely affected by mental illness.

Award winners are announced, and awards given, at our National Members' Day event in November.

Use these guidelines to help you put together a nomination for one or more of our awards.



The process

Read through these guidelines to get our tips on how to fill out your nomination form.

You can fill out the form digitally, or by hand. Once complete, email your nomination to

membersday@rethink.org

OR send to:

**FAO Louise Penman,
Freepost Rethink
London.**

- You will receive confirmation that we have received your entry within five working days
- All nominations received by the deadline of 11.59pm on Sunday 1 September will be considered for an award
- Shortlisting will take place by staff and volunteers across the charity, and the final decisions will be made by a panel

Judging takes place on 11 September.

Winners in each category will be contacted after judging has taken place to let them know they've won and to invite them to Members' Day in London on 9 November to collect their award.

All nominators will be contacted after judging has taken place to thank them for taking part and to let them know the outcome of their nomination. All nominees will receive a letter thanking them.

Before submitting your nomination please check with your nominee that they, or their group/service, are happy to be nominated. Please also check they are happy that what you say in the nomination form reflects the work that they do.

Pringle awards 2019

Rethink Mental Illness member of the year

The Pringle award for member of the year recognises a member who has made an outstanding contribution to Rethink Mental Illness.

Who can nominate?

Current members of Rethink Mental Illness.

Who is eligible?

Full current members of Rethink Mental Illness

Criteria

Please tell us how your nominee has made a difference to the lives of people severely affected by mental illness:

- How have their actions made a positive difference to people affected by mental illness?
- Have they taken part in any fundraising or other activities for Rethink Mental Illness?
- Have they organised any events, groups or gatherings that have benefited other members?
 - How have they made sure that people feel included in these?
- Is there anything else you would like to tell us?



2018
Award Winner
Dot Taylor

Dot was nominated for her pivotal role in Exmouth where she is the sole group co-ordinator for the Positive Anxiety Group, which she organises mostly on her own. The group provides support and fills a gap in local mental health services. It is thanks to Dot's hard work and dedication that the group is so important – she personally provides transport free of charge, and acts as the first point of contact for new members. She is seen as an inspiration by those who come into contact with her.

Rethink Mental Illness group of the year

Our network of over 140 groups support people living with mental illness and their loved ones. This award recognises the dedication and work that goes into running these groups.

Who can nominate?

Current members of Rethink Mental Illness. Members may nominate groups they are a part of.

Who is eligible?

Any registered Rethink Mental Illness group

Criteria

Please tell us how your nominated group goes above and beyond to provide support to its members:

- How has the group developed since it started?
- What kind of support does it offer to group members? Can you give any examples of times the group has gone above and beyond to support members?
- Does the group have any partnerships with other organisations? Tell us about these and the difference they make.
- How does the group make sure it is inclusive?
- Is there anything else you would like to tell us?

2018

Award Winner
East Lancashire
Activities
Group



This group was started over four years ago, and has become vastly important for its members. It brings together people who would otherwise be isolated, welcoming them in a positive and friendly way. A huge amount of work goes into running the group, which is sustained by a shared conviction of the importance of healthy living/recovery for everyone.

Rethink Mental Illness Service of the Year

There are over 200 Rethink Mental Illness services across England. This award recognises the support and care they provide.

Who can nominate?

Current members of Rethink Mental Illness. Please note Rethink Mental Illness staff members may not nominate in this category.

Who is eligible?

Any service run by Rethink Mental Illness

Criteria

Please tell us how your nominated service supports and improves the lives of the people who use it:

- What does the service do?
- How does the service support and improve the lives of the people who use it?
- How has the service developed over the last few years?
- Has the service had to deal with any difficulties? How did they do this?
- Is there anything else you would like to tell us?

2018

Award Winner
The North East
Prison Service



This service has been delivering primary mental health services to all seven local prison establishments since 2015, supporting prisoners living with mental illness through Improving Access to Psychological Therapies services. The staff of this service were cited as being totally dedicated to undertake the best possible care they can in very difficult settings. They have received hugely positive feedback from both the local NHS Foundation Trust, and the people they work with and support.

The Bill Pringle Awards for art and poetry

Bill Pringle was a talented artist who lived with schizophrenia. These awards recognise the incredible creativity of our community.

All art and poetry entries should reflect the theme of empowerment.

Who is eligible?

The art and poetry awards are open to anyone with experience of mental illness. You do not have to be a member of Rethink Mental Illness to enter and your experience can be as a carer or through your own mental illness. You may nominate your own work, or someone else's.

Criteria

All art and poetry entries should reflect the theme of empowerment.

When completing your entry form please include brief details of up to 500 words explaining how this year's theme of empowerment is present in the work

Art award:

- 2D painting, drawing, and photography. No 3D work such as ceramics or sculpture.
- Photography entries are allowed adjustments, such as cropping, tones and sharpening. Editing in objects, or erasing objects from an image, is not allowed.
- Please include a high-quality photocopy, print or digital file of the artwork or photograph you are entering for the art award. Please do not send the original as we cannot be responsible for loss or damage.

Poetry award

- Please include a copy of your poem with your entry. There is no word limit for the poem.



Taslima incorporated the 2018 theme of hope to show others that the journey through healing and recovering with mental illness may be a tough, but we all can reach a better place because we all deserve the opportunity to grow and transform in a world of opportunities, not limits.



"The rainbow signifies the hope I found during my illness"

"You have the power to change the dark,
Into a beautiful canvas.
Trust me, there is beauty in what is broken.
There's hope for us,
We're not made to give up"

Janey award 2019

Janey Antoniou was a dear friend and colleague who passed away tragically in 2010. For over 15 years she worked tirelessly to educate people on the realities of living with mental illness through campaigning, research and education.

In partnership with her family, Rethink Mental Illness has set up an annual award for campaigners with lived experience of mental illness. There is an award of £1,000 to the winner and two runners-up will receive £100 each.

Who is eligible?

Campaigners with lived experience of mental illness.

People working professionally in mental health (as a peer support worker, social worker, CPN, psychiatrist, psychologist, OT etc) should only be considered if they have made an exceptional contribution in addition to their professional role.

Who can nominate?

The Janey awards are open to nomination from anyone – you do not have to be a member of Rethink Mental Illness to nominate. Winners will be chosen based on the quality, not quantity, of the nominations – it is better to submit one thorough nomination than to ask several people to nominate the same person.

Criteria

Please tell us how your nominee:

Has dedicated their time including voluntary work without payment to:

- Raising awareness of the realities of living with mental illness
- Combating stigma associated with mental illnesses
- Campaigning for better care for people affected by mental illness, both in and outside healthcare



2018

Award Winner
Joy Hibbins



Joy is a tireless and inspirational campaigner. After experiencing suicidal crisis and finding that there was a gap in services and support, she set up the charity Suicide Crisis. She has pushed for better care, and more involvement of experts by lived experience in service design and delivery.