

We provide:

Social Networks: meeting new people and building valuable friendships through our groups held in various locations in Cornwall.

One-to-one support: everyone using Cornwall Community Services develops an individual recovery plan based on personal goals and outcomes.

Peer Support: we have an ongoing programme of support groups that offer people a safe space in which to talk to others and share experiences.

Groups: we run groups in various venues across Cornwall, led by a member of staff and which investigate ways of coping with mental illness such as anxiety, OCD, hearing voices, depression, etc.

Involvement: opportunities for people who use our mental health service to influence the way it is planned, delivered and monitored locally.

Recovery: *within all our areas of support we have a Recovery Approach that enables people to work out their own strategies for self management.*

Confidentiality

We believe in respecting and maintaining confidentiality. We will not share personal information unless we have your permission or we have a duty of care.

General Referral

Your details:

Name

Date of birth

Address

.....

.....

Postcode

Phone

Email

Consent to record your information
(please tick)

Preferred method of us contacting you:

- Phone/phone message
- Letter
- Text
- Email

Reason for referral

Mental Illness diagnosis/background information:

.....

.....

Does the client have any communication/ information needs relating to a disability or sensory loss? **Y/N**

.....

Diversity Monitoring



Please tick the box that most accurately describes your Ethnic background. There is no obligation to complete this information .

White British

White Irish

Mixed White & Black Caribbean

Mixed White & Black African

Mixed White & Black Asian

Any other mixed background

Asian/Asian British Indian

Asian/Asian British Pakistani

Asian/Asian British Bangladeshi

Any other Asian background

Black/Black British Caribbean

Black/Black British African

Any other Black background

European

Chinese

Other.....

Reason for referral

Are you aware of any risk factor that Rethink need to consider before accepting this referral? **Y / N**
Please attach (if available) a relevant risk assessment.

Are you aware of any safeguarding issues? **Y / N**

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Are you aware of any other support being offered? **Y / N**

.....

Referrer's details

(required to be a Health Professional)

Name

Position

Address

.....

.....

GP details: (Name/surgery/contact no.)

.....

Signature

Date

Please return to:

Rethink Mental Illness, Cornwall Community Services, Betty Fisher Centre, Southern Way, Wadebridge, Cornwall, PL27 7BX



Rethink Mental Illness

Leading the way to a better quality of life for everyone affected by severe mental illness

Campaigning for better services for people with severe mental illness at national and local level.

Believing that people suffering from mental illness have a right to equal opportunities. We are committed to actively opposing all forms of discrimination.



Experts by Experience

Contact our service

**Cornwall Community Services
Betty Fisher Centre
Southern Way
Wadebridge
PL27 7BX**

01208 815676

**Manager: Marianna.curtis@rethink.org
Office: julie.foley@rethink.org**

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Cornwall Community Services offers support to people with a mental illness in Cornwall. We work with people to identify their aims and objectives, and to create individual action plans to achieve these.

Our service offers one-to-one support in the community as well as providing a timetable of supported and peer support groups in various locations.