

Further Reading

Dual Diagnosis: Substance Misuse and Psychiatric Disorders G. Hussein Rassool Blackwell Science (2002)
Available from Amazon
Price: £24.99

Advances in Quality Care – Spotlight on health/dual diagnosis “looking after myself”
Cassette tapes from Rethink conference: National Schizophrenia Fellowship in Partnership with Alcohol Concern and SCODA: 10 November (1998)

Meeting Complex Needs: The Future of Social Care.
Rankin, J and Regan, S
Available from Turning Point www.turning-point.co.uk

Counselling and Psychotherapy Resources Directory
Published annually by British Association for Counselling, 1 Regent Place, Rugby, Warwickshire, CV21 2PJ. Tel: 01788 550899

Does severe mental illness run in families?
Genetic counselling for schizophrenia and allied disorders
Rethink Fact Sheet 9

Drug Problems: Where to Get Help
ISBN 190431905X
Drugscope (see ‘Useful Addresses’)
Price: £20

A comprehensive listing of drug treatment agencies in England. These include the major national and regional organisations, Drug (and Alcohol) Action Teams and drug user organisations. It covers advice and information, harm reduction, counselling, prescribing, rehabilitation and aftercare services, as well as specialist provision for young people

Factsheets are periodically published in Drugscope’s magazine Druglink. For a full listing of resources see Drugscope’s website

Dual diagnosis – mental illness and drug/alcohol problems - Rethink Fact Sheet 7

Dual diagnosis of severe mental health problems and substance abuse/dependence: a major priority for mental health nursing. K Gournay, T. Sandford, S. Johnson, G. Thornicroft (1997)
Journal of Psychiatric and Mental Health Nursing

Drug misuse and mental health: learning the lessons on dual diagnosis. A report of the All Party Parliamentary Drugs Misuse Group (2000)

Mental Health and Social Exclusion (2004)
ISBN 185112-7178
Available free from ODPM Publications Tel 0870 1226 236 or downloadable from www.socialexclusionunit.gov.uk/

Integrated treatment for dual disorders: a guide to effective practice.
Mueser K.T., Noordsy D.L., Drake R.E., Fox L. London Guilford Press (2003)

Keys to engagement: review of care for people with severe mental illness who are hard to engage with services
The Sainsbury Centre for Mental Health (see 'Useful Addresses')

The National Electronic Library for Health is a useful website, with a comprehensive mental health section:
www.nelmh.org

New Guide to Medicines and Drugs (2001), British Medical Association
ISBN 0-751-327-379
Published by Dorling Kindersley Ltd. UK

Perspectives on multiple needs: working with individuals who experience mental health and substance misuse problems
The CASA Multiple Needs Service September (1998)

Street drugs: the facts explained, the myths exploded Andrew Tyler (1995)
ISBN 0-340-60975-3
Hodder & Stoughton

Substance Use: Guidance on good clinical practice for Nurses working within mental health. Coyne, P. Lambert, E. Carroll, J. (2004) London. ANSA/Department of Health (forthcoming)

Substance misuse and mental health co-morbidity (dual diagnosis): standards for mental health services.
Abdulrahim D. Health Advisory Service (2001)

Rethink's publications and factsheets are available from the Rethink National Advice Service. They include information on:

- Schizophrenia
- Bipolar Disorder
- Anxiety disorders
- Schizoaffective disorder
- Depression
- Personality disorders
- Treatments

and many other topics affecting people with mental health problems. The Rethink Diversion Toolkit is also a useful resource

Turning Point has published a number of reports exploring issues which are often relevant to people with multiple needs. These include:

- Getting it right for young people: a vision for young people's social care (2003)
- Waiting for Change: treatment delays and the damage to drinkers (2003)
- Routes into treatment: drugs and crime (2004)

These are available free from Turning Point