

Local networks

Dual diagnosis: mental health and substance misuse



Please write in your local contacts

MENTAL HEALTH	SUBSTANCE MISUSE	HOUSING	CRIMINAL JUSTICE	EMPLOYMENT/TRAINING/ EDUCATION	ADVOCACY	CHILD PROTECTION/FAMILY CARE SERVICES FOR YOUNG PEOPLE
				VOLUNTEERING AND LEISURE INTERESTS	ETHNICITY	SERVICES FOR OLDER PEOPLE
MENTAL HEALTH	SUBSTANCE MISUSE	GENERAL HEALTH	LEGAL	FAMILY/CARER SUPPORT	DISABILITY	OTHER SERVICES
			MONEY ADVICE			

SOME SUGGESTIONS:

(For more details, see the accompanying suggestions booklet)

MENTAL HEALTH

Assessment and referral

GP
Community Mental Health Team (CMHT)
Local Social Services
Dual diagnosis link workers

Ongoing care

Assertive outreach, CMHT, Continuing care, Early intervention, Home treatment, Specialist services eg eating disorders, self harm, Hostels offering mental health support, Services for personality disorder, Inpatient wards, Voluntary sector providers, Day care, Psychological treatments

Self-help

National charities and local groups
National and local service user groups

Crisis – medical emergency 999

A+E psychiatric liaison
GPs
Local service out-of-hours contacts
NHS Direct
National helplines eg Samaritans

SUBSTANCE MISUSE

Assessment and referral

Non-specialist services eg probation, housing
For mapping service provision: Your local Drug Action Team (DAT). See drugs.gov.uk

Ongoing care

Detox: Community, Inpatient. GPs offering shared care Services by type of substance: Opiates, Alcohol, Benzodiazepines
"Keyworking"- one-to-one key working, Day programmes, Psychological treatments, Maintenance programmes, Relapse prevention, Residential rehabilitation, Drug Treatment and Testing Orders (DTTO), Complementary therapies, Needle exchange services

Self help

National groups and local contacts

Crisis – medical emergency 999

Crisis contacts for local services
Out-of-hours contacts

HOUSING

Local Authority contacts:

Homeless person's unit
Special needs housing
Assessment and resettlement team
Housing benefit
Tenancy support (may be provided by voluntary sector)

Other contacts:

Housing associations
Community Housing Advisory Group
Homeless hostels
Local voluntary schemes
National organisations eg Shelter

GENERAL HEALTH

GPs, NHS Direct, Local NHS walk-in clinic, Relevant specialist services eg Sexual health services, HIV testing and treatment, Liver clinic, Vein clinic, Hepatitis testing and treatment, GUM clinic, Antenatal care: midwives and health visitors, Mental health mother and baby units

CRIMINAL JUSTICE

Risk assessment, Mental health liaison workers in: Police
Probation, Prison, Local beat officers, Forensic services Medium secure units, DTTO team, CARATS team, Arrest referral team

LEGAL

Citizen's Advice Bureau, Solicitors with interest/track record, Other sources of advice and support

MONEY ADVICE

Local benefits office, Social Services, Citizens Advice Bureau

EMPLOYMENT/TRAINING/ EDUCATION

Local employment and training schemes, Local Colleges, Local Connexions programme, Department for Education and Skills, Job Centre Plus

VOLUNTEERING AND LEISURE INTERESTS

National and local volunteering opportunities. Local leisure facilities

FAMILY/CARER SUPPORT

Substance misuse and mental health support groups, Generic support groups

ADVOCACY

PALS – Patient Advocacy Liaison Service, Independent Complaints Advocacy Services ICAS, The commission for Patient and Public Involvement in Health, User groups providing advocacy, Mental Health charities

ETHNICITY

National and local groups for black and ethnic minorities, The Commission for Racial Equality

DISABILITY

Local learning disability team, National support groups, Disability Rights Commission, Employers Forum on Disability

CHILD PROTECTION/FAMILY CARE YOUNG PEOPLE

Social services: children and family team, Local solicitors with experience, Adult protection, Child and Adolescent Mental Health team, Early intervention team

SERVICES FOR OLDER PEOPLE

Mental Health for Older Adults team

OTHER SERVICES

Complementary therapies, Gay/lesbian, Spiritual support, Sexual abuse/rape, Pet care, Furniture repairs/handyman, Local transport services, Food Banks, Holiday and respite care.

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rethink
severe mental illness

Rethink is the operating name of the National Schizophrenia Fellowship and has more than 30 years experience of helping people with severe mental illness and their families recover a meaningful life. As well as running over 400 mental health services, Rethink has a network of more than 120 support groups across the country.

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