



Questions?

Welfare benefits
Treatment
Mental Capacity Act
Mental Health Act
Living with mental illness
Discrimination
Conditions
Carer's rights
Social care

**We can
help you
find the
answers.**

Rethink Mental Illness is a charity that believes a better life is possible for millions of people affected by mental illness.

We provide specialist information and advice.



Freephone 0808 801 0525



Email us at advice@rethink.org



Talk to us via web chat
10am - 1pm Monday to Friday at
rethink.org/advice



Write to us at:
PO Box 17106, Birmingham, B9 9LL

rethink.org