



Rethink,

Sanctuary Community

Mental Health Service.

The Sanctuary, 1 Queens Parade, Bloxwich, Walsall, WS3
2EX. 01922 494479



Our service provides support to individuals age 17+ living in the Walsall Borough, to manage their mental health independently.

- One-to-One targeted support
- SafeSpace sessions
- Signposting information
- Peer Support groups
- Mental Health workshops

rethink.org

In partnership with

